

SCALING NEW HEIGHTS



2015 OHIO  
OSTEOPATHIC  
SYMPOSIUM

OHIO'S PREMIER CME PROGRAM

EVENT PROGRAM



**April 22-26, 2015**  
**Hilton Columbus**  
**Easton Town Center**

# Explore Opportunities in the Buckeye State

Genesis HealthCare System is looking for highly motivated and proactive physicians who have vision for delivering outstanding services to our community and share our patient- and family-centered care philosophy.

Genesis is an integrated health care delivery system based in Zanesville, Ohio, 45 minutes east of Columbus. The system includes a not-for-profit hospital, multiple outpatient centers, 3,000 employees, and a network of over 300 physicians representing most specialties.

Southeastern Ohio is a family friendly region that offers the perfect work-life balance of suburban and rural settings. Residents enjoy easy access to international airports, shopping, fine dining, national/college sporting events, and a wide range of arts and cultural activities in nearby Columbus, Cleveland, Cincinnati and Pittsburgh.

Aspects of our positions include:

- New Genesis Hospital and MOB opening June 1, 2015
- New ORs and Hybrid room; 47-room ED
- New comprehensive cancer care center
- Epic EMR
- Hospitalist & Intensivist Programs 24x7



Contact Rhonda Creger, Manager of Physician Recruitment, at (740) 450-6174 or by email at [rcreger@genesishcs.org](mailto:rcreger@genesishcs.org).

We currently have opportunities available in our six-county area for:

- Cardiology, Noninvasive & Interventional
- Cardiovascular Surgery
- Emergency Medicine
- Family Medicine
- Gastroenterology
- General Surgery
- Hospitalists
- Internal Medicine
- Neurology
- Pediatrics, includes Inpatient
- Psychiatry, Includes Inpatient
- Rheumatology
- Vascular Surgery



## BUILDING A SOLID FOUNDATION

The Osteopathic Heritage Foundations is pleased to support the 2015 Ohio Osteopathic Symposium.

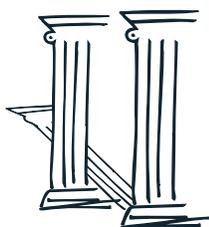
OHF is proud to support the following programs:

- J.O. Watson, DO, Memorial Lecture
- George L. Eckert, DO, Mentor of the Year Award
- Heritage Foundations Tour – charter bus rental for students traveling from Athens to attend

To learn more about the Osteopathic Heritage Foundations, please visit: [www.osteopathicheritage.org](http://www.osteopathicheritage.org)

Osteopathic Heritage Foundations  
1500 Lake Shore Drive, Suite 230  
Columbus, OH 43204-3800

Phone (614) 737-4370



Osteopathic  
Heritage  
Foundations

# Welcome to OOS 2015

The 2015 Ohio Osteopathic Symposium marks the sixth year of collaboration between the Ohio Osteopathic Association and the Ohio University Heritage College of Osteopathic Medicine Society of Alumni and Friends. What a collaboration it has been for our osteopathic family!

This year, we are bringing together hundreds of DOs with the overall goal to advance the health of patients and prepare physicians to lead the transformation of primary care. Sessions on dermatology, orthopedics, cardiology, women's health and OMM address our changing health care system and some of society's most pressing health issues.

We are proud that the newest members of the osteopathic profession will be joining us at the Match and Mentor Celebration on Saturday evening. We urge you to attend and help welcome and celebrate the future of the osteopathic profession!

## CME Committee Members

**Peter A. Bell, DO, MBA, HPF, FACOEP-Dist., FACEP**  
**Katherine A. Clark, DO ('88)**  
**Melinda E. Ford, DO**  
**Gregory Hill, DO ('86), FAOAO**

**Robert L. Hunter, DO, FACOEP, FACOFP**  
**Timothy D. Law Sr., DO ('94), MBA**  
**Sandra M. Snyder, DO ('00)**  
**Henry L. Wehrum, DO ('85)**

## Three Easy Steps to Receive Your CME Credit

1. Sign in at the registration table. (Look for the balloons.) You only need to sign in once during the entire Symposium.
2. Print your name clearly and indicate your AOA member number on the CME Verification Request Form to receive credit.
3. Complete the CME Verification Request Form (with your AOA number and email address). Indicate only the number of hours you attended, sign at the bottom and turn in with your evaluation packet at the Registration Desk before you leave. If you forget to submit it before leaving, you may fax the form to 740.593.9536.

The CME Verification Request Form can be found in the CME Verification and Evaluation Material folder you received at registration. Please note that there is only one CME Verification Request Form to complete, and you will only need to sign in once. Physicians must complete the CME Verification Request Form attesting to the total number of hours attended. Credit will be given only to physicians who return the form indicating the total number of hours attended. No credit will be given to physicians who fail to do so. Credit will be submitted directly to the American Osteopathic Association by the Ohio University Heritage College of Osteopathic Medicine. A certificate of attendance will be emailed or mailed to you approximately four weeks after the Symposium.

## CME Guidelines

The 2015 Ohio Osteopathic Symposium is designed to comply with the Uniform Guidelines for Accrediting Agencies of Continuing Medical Education. Questions or complaints concerning the program should be directed to the Ohio University Heritage College of Osteopathic Medicine Office of Continuing Medical Education at 740.593.2292. Additional compliance information may be obtained by contacting the American Osteopathic Association Division of CME at 800.621.1773.

## CME Credit

A total of 32.5 hours of Category 1-A CME credit has been granted by the American Osteopathic Association. Credits will be granted according to the following schedule:

<b>Wednesday, April 22</b>	<b>3.0 credit hours</b>
<b>Thursday, April 23</b>	<b>10.5 credit hours</b>
<b>Friday, April 24</b>	<b>8.0 credit hours</b>
<b>Saturday, April 25</b>	<b>8.0 credit hours</b>
<b>Sunday, April 26</b>	<b>3.0 credit hours</b>

An additional 3.0 Category 1-A credits are available if you choose to complete an Outcomes Assessment Survey, which will be emailed to you approximately 60 days after the conclusion of the symposium.

## Wireless Internet

You will have access to the Hilton's wireless internet during the educational sessions. In order to maximize efficiency and speed, please disable any wireless hotspots you have on your devices. Wireless hotspots can drag the Hilton's system down, causing it to crash. If you need to power your device, be sure to sit in the front row of the lecture room to have access to electricity and a power strip. Wifi login instructions are provided in your registration folder.

## Program Materials

Program materials may be found on our secure website: [www.oucom.ohiou.edu/oos2015/downloads.htm](http://www.oucom.ohiou.edu/oos2015/downloads.htm)  
Login: **oos2015**  
Password: **oos2015do**



# WEDNESDAY, APRIL 22, 2015

TIME	FUNCTION	FACULTY	CATEGORY 1A CME CREDITS	LOCATION
4:30-8:30 pm	Registration and Exhibitor Set-Up			Easton Lobby
5:30-8:30 pm	ACOPF Dinner and Installation, Dermatology for Primary Care Roundtable	Dawn L. Sammons, DO ('03) Nicholas A. Benner, DO ('10) Ryan M. Carlson, DO ('04) Ramona M. Sarsama Nixon, DO ('05) Michael J. Holsinger, DO ('03) Alison D. Himes, DO ('07) Frank Moroco Jr., DO	3	Easton A/B
			3 Total	

# THURSDAY, APRIL 23, 2015

TIME	FUNCTION	FACULTY	CATEGORY 1A CME CREDITS	LOCATION
7:00 am-5:00 pm	Registration			Easton Lobby
7:00-8:00 am	Continental Breakfast			Easton Lobby
8:00 am-5:00 pm	Exhibits Open			Easton Lobby
8:00-10:30 am	Heart and Vascular Update for the Primary Care Physician	Mitchell J. Silver, DO ('89), FACC, FABVM Steven M. Dean, DO, FACP, RPVI David J. Nicholson, DO ('04) Jayme L. Rock-Willoughby, DO ('06)	2.5	Easton A/B
10:30-11:00 am	Refreshment Break/Visit Exhibits			Easton Lobby Regent Lobby
11:00 am-12:00 pm	Chronic Kidney Disease Update	Daniel J. Roncone, DO ('01)	1	Easton A/B
12:00-1:30 pm	Competency Based Medical Education Innovative Curriculum/Cleveland Campus Update Heritage College Vision Luncheon - <b>ALL WELCOME</b>	Larry Hurtubise, MA Isaac J. Kirstein, DO Dean, Heritage College Cleveland	1.5	Regent
1:30-3:30 pm	Physician Quality Reporting System (PQRI) Transforming Payment for a Healthier Ohio Experiences Learned from Ohio's Comprehensive Primary Care Initiative	Ronald R. Burns, DO ('89) Mary L. Applegate, MD, FAAP, FACP - Chief Medical Officer, Ohio Department of Medicaid Katherine A. Clark, DO ('88)	2	Easton A/B
2:00-4:00 pm	Advocates (AOOA) Board Meeting			Lilac
3:30-4:00 pm	Refreshment Break/Visit Exhibits			Easton Lobby
4:00-5:30 pm	Using Technology to Control Diabetes: Past, Present and Future	Frank L. Schwartz, MD, FACE, J.O. Watson Chair for Diabetes Research	1.5	Easton A/B
4:00-5:30 pm	Ohio Osteopathic Foundation Board Meeting			Magnolia
5:30-6:30 pm	ohiowomen in medicine - Women's Happy Hour	Paige Gutheil Henderson, DO ('02)		Sports Club
7:00-9:00 pm	<i>Alive Inside</i> - Documentary Film Screening and Neurology Update and Panel Discussion: When Alzheimers or Dementia is the Diagnosis	Nicole J. Danner, DO ('01)	2	Easton A/B
			10.5 Total	



**Dawn L. Sammons, DO ('03)**  
Course Director

## **DINNER AND WORKSHOP**

### **OHIO ACOFP ANNUAL MEETING, INSTALLATION AND FAMILY PRACTICE UPDATE**

#### **PRESENTING A SPECIAL WORKSHOP IN DERMATOLOGY**

**Dawn L. Sammons, DO ('03)**, serves as course director for this unique workshop designed to encourage interaction, group discussion and problem-solving. Dr. Sammons leads a team of expert faculty who will move from group to group and teach participants how to identify and treat the most common skin disorders seen in primary care. Focus will be on recognizing and beginning initial treatment of the less common, but more serious, skin disorders and determining which patients should be referred for dermatology consultation. Identification of malignant and premalignant skin tumors will be covered, as well as evaluation of appropriate biopsy options, management options and referral criteria.

**Wednesday, April 22**  
**5:30-8:30 PM ■ Easton A/B**



**Mitchell J. Silver, DO ('89)**  
**FACC, FABVM**  
Course Director

## **HEART AND VASCULAR DISEASE MANAGEMENT FOR THE PRIMARY CARE PHYSICIAN**

**Mitchell J. Silver, DO ('89), FACC, FABVM**, serves as the course director and leads a team of expert faculty who will cover topics such as heart failure, stress tests, hypertension, vascular disease and even a round of vascular jeopardy to help test your knowledge! This will be an information rich and clinically relevant session you will not want to miss!

**Thursday, April 23**  
**8:00-10:30 AM ■ Easton A/B**



**Nicole J. Danner, DO ('01)**

## **ALIVE INSIDE**

Music Therapy and Dementia Workshop

ALIVE INSIDE is a joyous cinematic exploration of music's capacity to reawaken our souls and uncover the deepest part of our humanity. Please join **Nicole J. Danner, DO ('01)**, as she guides a discussion into the deeper concept of using music therapy to unlock the brain crippled by dementia and provides a Neurology Update: When Alzheimer's or Dementia is the Diagnosis.



**Thursday, April 23**  
**7:00 – 9:00 PM ■ Easton A/B**

# FRIDAY, APRIL 24, 2015

TIME	FUNCTION	FACULTY	CATEGORY 1A CME CREDITS	LOCATION
7:00 am-5:00 pm	Registration			<b>Easton Lobby</b>
7:00-8:00 am	Sponsored Breakfast: Janssen INVOKANA: Advanced Paradigm Changes in Type 2 Diabetes Management	Bruce W. Bode, MD, FACE		<b>Regent</b>
8:00-11:45 am	Exhibits Open			<b>Easton Lobby</b>
8:00-10:00 am	Diabetes Mellitus Update	Frank L. Schwartz, MD, FACE, J.O. Watson Chair for Diabetes Research Amber M. Healy, DO ('09)	2	<b>Easton A/B</b>
9:00 am-5:00 pm	Resident Leadership Program	Dr. Barry A. Doublestein		<b>Juniper B/C</b>
9:30-11:30 am	Advocates (AOOA) Breakfast and General Meeting			<b>Lilac</b>
10:00-10:30 am	Refreshment Break/Visit Exhibits			<b>Easton Lobby Regent Lobby</b>
10:30-11:30 am	Managing Chronic Pain in the Patient Centered Medical Home - Engaging the Entire Care Team to Facilitate a Comprehensive Pain Management Program in the Primary Care Setting	Cynthia S. Kelley, DO ('01)	1	<b>Easton A/B</b>
11:30 am-12:00 pm	Affordable Care Act Update	Robert L. Hunter, DO, FACOEP, FACOFF	0.5	<b>Easton A/B</b>
12:00 -1:30 pm	OOA Luncheon and Installation P.U.L.L.ing Together - <b>ALL WELCOME</b>	Robert W. Hostoffer, Jr., DO, FACOP, FAAP	0.5	<b>Regent</b>
1:30-3:30 pm	<b>OOA House of Delegates</b>			<b>Easton C/D/E</b>
1:30-2:30 pm	GYN: New Pap Guidelines	Jennifer A. Roncone, DO ('01), FACOOG	1	<b>Easton A/B</b>
2:30-3:30 pm	Limitations of Short Acting Contraceptives and the Benefit of Long Acting Contraceptives for Teens and Adults	Jane T. Balbo, DO ('07) Jane E. Broecker, MD	1	<b>Easton A/B</b>
2:15-3:00 pm	Demonstration of Google Hangouts	Larry Hurtubise, MA		<b>Magnolia</b>
3:15-3:45 pm	Refreshment Break - Grab & Go			<b>Easton Lobby</b>
3:30-5:30 pm	<b>House of Delegates</b> – Reference Committees Professional Affairs - <b>Magnolia</b> Ad Hoc - <b>Lilac</b> Public Affairs - <b>Easton C/D/E</b>			
3:30-4:30 pm	Psychiatry: BiPolar Disorder	Michael B. Knable, DO ('86), DFAPA	1	<b>Easton A/B</b>
4:30-5:30 pm	Creating an Empathic, Collaborative Team Culture for Healthier Patient Outcomes	Gary L. Saltus, DO, FACOS	1	<b>Easton A/B</b>
6:00-7:30 pm	Cocktail Awards Reception: Honoring Your Osteopathic Peers <b>ALL WELCOME</b>			<b>Regent</b>
			8 Total	

## PRIZE DRAWINGS VISIT EXHIBITS AND WIN!

Look for prize cards in your registration packet. Each card completed with exhibitors' signatures qualifies for one chance to win, for a total of four chances. DOs (not spouses or children) must personally have the cards signed. Sorry, residents and students are not eligible. Physicians must be present when the raffle is conducted during Sunday's Farewell Brunch to win.

The Grand Prize drawing is sponsored by the Ohio Osteopathic Association and the Heritage College Society of Alumni and Friends. Funding for the raffle does not come from exhibit fees. The Grand Prize is \$1,500; Second Prize is \$1,000; and Third Prize is \$500. Exhibits are open Thursday, 8:00 a.m.- 5:00 p.m., and Friday morning until 11:45 a.m.



Robert W. Hostoffer, Jr., DO,  
FACOP, FAAP

## P.U.L.L.ing Together

Join **Robert W. Hostoffer, Jr., DO, FACOP, FAAP**, of Cleveland, as he is installed as the new Ohio Osteopathic Association president. Hostoffer, a nationally recognized expert, specializes in allergic and immunologic disorders affecting both children and adults. He is a past president of the American College of Osteopathic Pediatricians (ACOP), Cleveland Academy of Osteopathic Medicine, and Cleveland Allergy Society. This year, he was named ACOP Pediatrician of the Year. In addition to leading the profession, Hostoffer, a rower since high school, captains a four-man boat and has won gold and silver medals in several regattas in the Cleveland area.

**Friday, April 24**

**Noon – 1:30 AM ■ Regent Ballroom**

**Luncheon ■ All invited**



Winners will be announced during  
J.O. Watson, DO, Memorial Lecture.

## THE FIFTH ANNUAL REGIONAL OSTEOPATHIC POSTER EXHIBITION AND COMPETITION

**Saturday, April 25**

**7:00 a.m. – 1:30 p.m. ■ Regent Ballroom**

**Refreshments**

Sponsored by:

Ohio University Heritage College of Osteopathic  
Medicine Centers for Osteopathic Research and  
Education and Ohio Osteopathic Association



## PASS THE TORCH MATCH AND MENTOR CELEBRATION

**Saturday, April 25**

**6:30 p.m. – 8:30 p.m. ■ Easton A/B**

Presented by:

The Heritage College Society of Alumni and Friends,  
Osteopathic Heritage Foundations,  
and OOA, in partnership with the  
Heritage College Office of Student Affairs.

# SATURDAY, APRIL 25, 2015

TIME	FUNCTION	FACULTY	CATEGORY 1A CME CREDITS	LOCATION
7:00 am-5:00 pm	Registration			Easton Lobby
7:00 am-8:00 am	Continental Breakfast			Regent/ Regent Lobby
7:00 am-1:30 pm	Poster Exhibition & Competition			Regent
8:00-9:00 am	Osteopathic Patient Centered Care in the 21st Century: Empathy, Mindfulness and Advanced Communications	Leonard H. Calabrese, DO	1	Easton A/B
9:00-9:30 am	<b>AOA President's Address</b>	Robert S. Juhasz, DO, FACOI, FACP AOA President	0.5	Easton A/B
9:30-10:00 am	Refreshment Break/View Posters			Regent
10:00-11:00 am	J.O. WATSON, DO, MEMORIAL LECTURE: Reaching the Summit - Leading the Medical Education Expedition	Kenneth H. Johnson, DO, FAAO Executive Dean, OU-HCOM	1	Easton A/B
11:00 am-12:00 pm	KEYNOTE ADDRESS: On the Edge: The Art of High Impact Leadership	Alison Levine	1	Easton A/B
12:00 -1:00 pm	LUNCH ON YOUR OWN			
12:00-1:30 pm	District Academy Caucus Meetings Dayton - <b>Magnolia</b> Small Academies - <b>Juniper C</b> Akron/Canton - <b>Gahanna</b>	Cleveland - <b>Easton C/D/E</b> Columbus - <b>Juniper B</b>		
1:00-1:30 pm	Mindfulness Session: How to Incorporate Mindfulness Into Your Clinical Practices	Katherine J. Kropf, DO ('02)	0.5	Easton A/B
1:30-3:30 pm	Orthopedics for the Primary Care Physician Immobilization Options: When to splint? Cast? Boot? Brace? Foot & Ankle Injuries, Wrist injuries, Injections in the Knee, Hip, and Shoulder Ultrasound Guided Joint Injections	Nicholas A. Cheney, DO ('07) Ryan D. Klinefelter, MD Michael B. Cannone, DO ('93) Mark E. Gittins, DO	2	Easton A/B
1:30-3:30 pm	Advocates (AOOA) Board Meeting			Magnolia
3:15-3:45 pm	Refreshment Break - Grab & Go			Easton Lobby
3:30-5:30 pm	<b>OOA House of Delegates</b>			Easton C/D/E
3:30-5:30 pm	OMM Session: Ankle Sprain - Common and Treatable But a Troublemaker for the Rest of the Body If Not Recognized	Simeon J. Hain, DO Eric Miller, DO	2	Easton A/B
6:30-8:30 pm	Pass the Torch: Match and Mentor Celebration Networking Event with Students/Residents <b>ALL WELCOME</b>			Easton A/B
			8 Total	

# SUNDAY, APRIL 26, 2014

TIME	FUNCTION	FACULTY	CATEGORY 1A CME CREDITS	LOCATION
7:00-11:00 am	Registration			Easton Lobby
8:00-11:00 am	Ohio's New Pain Guidelines, Rules and Legislation: Insights from the Ohio State Medical Board, the Ohio State Pharmacy Board and Pain Practitioners	Cleanne Cass, DO, FAAFP Kim Anderson - Chief Legal Counsel, State Medical Board of Ohio Cameron J. McNamee - Legislative Liaison, Ohio State Board of Pharmacy Mark N. Malinowski, DO - Chillicothe Nicole T. Labor, DO Ernest E. Boyd, PharmD (Hon.) Ohio Pharmacists Association	3	Easton A/B
11:00 am-12:30 pm	FAREWELL BRUNCH and Grand Prize Drawing <b>ALL WELCOME</b>			Regent
			3 Total	





**Robert S. Juhasz, DO, FACOI, FACP**  
President, American Osteopathic  
Association

## **UPDATE ON THE AOA AN ADDRESS FROM THE PRESIDENT**

Throughout his career, Robert S. Juhasz, DO, has been a tireless advocate for the osteopathic profession. He is the current president of Cleveland Clinic South Pointe Hospital, serves as a Heritage College Advisory Board member, and is an honorary alumnus. As the 2014-2015 president of the American Osteopathic Association, Ohio's own has used his national platform to build awareness of osteopathic medicine and ensure that physicians have the resources they need to provide the best care for their patients.

**Saturday, April 25, 2015  
9:00 AM – 9:30 AM  
Easton A/B**



**Kenneth H. Johnson, DO, FAAO**  
Executive Dean, Heritage College

## **J.O. WATSON, DO, MEMORIAL LECTURE REACHING THE SUMMIT – LEADING THE MEDICAL EDUCATION EXPEDITION**

Kenneth H. Johnson, DO, has led the historic transformation of the Heritage College as executive dean since 2012 and is at the helm as the college reinvents graduate medical education as part of the ACGME merger. Johnson was selected to deliver the annual lecture, a prestigious, long-standing tribute to one of Ohio's most respected DOs, the late J.O. Watson. The award honors individuals who have made a significant contribution to the advancement of health care, osteopathic medical education or research. Thanks to the generous support of the Osteopathic Heritage Foundations, the lecture award carries an honorarium and a \$5,000 charitable contribution in the recipient's name to an osteopathic-supportive endowment, college, university or foundation of the lecturer's choice.

**Saturday, April 25, 2015  
10:00 AM – 11:00 AM  
Easton A/B**



**Alison Levine**

## **KEYNOTE ADDRESS ON THE EDGE: THE ART OF HIGH IMPACT LEADERSHIP**

Imagine yourself on the highest mountain in the world. You have to deal with the physiological effects of extreme altitude, along with bone-chilling temperatures, battering winds, and a climbing team that's counting on all of its members to make smart decisions. Alison Levine will draw on her experience as team captain of the first American Women's Everest Expedition when she presents *On the Edge: The Art of High-Impact Leadership*. A leadership expert, mountaineer and history-making polar explorer, Levine has had Raynaud's disease and three heart surgeries yet still climbed the highest peak on every continent and skied to the North and South poles. She makes the case that leadership principles that apply in the world of extreme adventure also apply to today's health care environment.

**Saturday, April 25, 2015  
11:00 AM – 12:00 PM  
Easton A/B**

# 2015 GOVERNING BOARDS

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 Laurie Sheridan Lach, Director of Alumni Affairs and Executive Secretary of the Society of Alumni and Friends

# 2015 EXHIBITORS

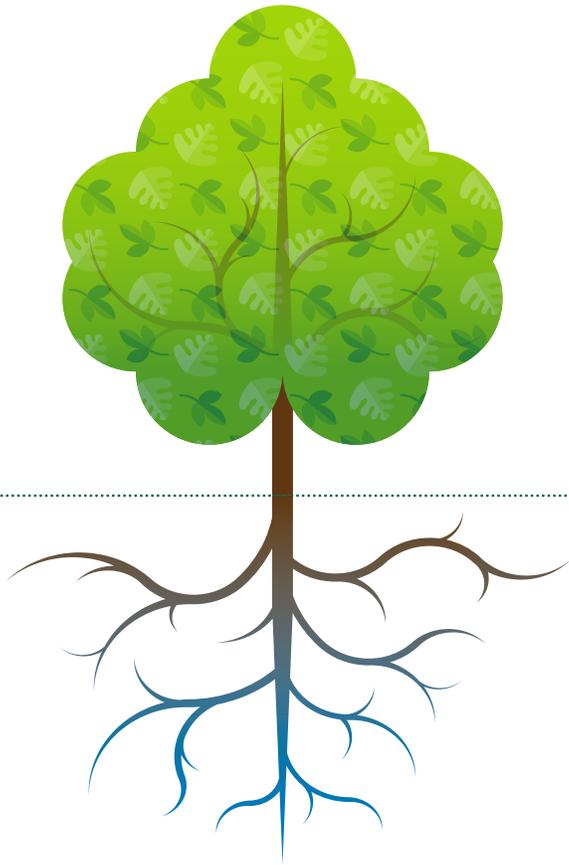
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Kowa Pharmaceuticals America, Inc.	

# 2015 SPONSORS

The 2015 sponsors section features logos for several organizations. On the left, there is the Cleveland Clinic Laboratories logo, the GENESIS logo with the tagline 'Where you're treated well', the GENOVA DIAGNOSTICS logo, the University Hospitals logo, the LabCorp logo with the tagline 'Laboratory Corporation of America', and the SUNOVION logo. On the right, there is the Lilly Diabetes logo, the novo nordisk logo, the Our Family Home logo, the VITAS Healthcare logo, and the Janssen logo with the tagline 'PHARMACEUTICAL COMPANIES of Johnson & Johnson'.



Testing for a better quality of life.



Heritage  
College of  
Osteopathic  
Medicine



OHIO  
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ASSOCIATION

## CELEBRATING OUR ROOTS

This year, the Ohio University Heritage College of Osteopathic Medicine celebrates its 40th anniversary, a milestone that would have been impossible without the support of the Ohio Osteopathic Association. The two have cultivated a four-decade relationship that began with the seed of an idea: growing the number of primary care doctors in Ohio.



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Enhancing the Health of Your Community



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VITAS interdisciplinary team brings hospice care right to patients, wherever they call home—whether that's a private residence, nursing home or assisted living facility.

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